

HILTON HEAD ISLAND'S



FALL 2018 COURSE CATALOG

Table of Contents:

Monday Courses2-4
Tuesday Courses5-6
Wednesday Courses.7-9
Thursday Courses.10-13
Friday Courses13-15
Saturday Courses16-17
Course Calendar, Fall 201818
Registration Form.19



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Dear Colleagues in Learning,

We hope you had a great summer. We know you will enjoy the fall 2018 catalog and will sign up for as many courses as you like. There should be something for everyone in this eclectic mix. In all, there are thirty-one courses this semester.

The membership fee and the registration fee for the fall semester are due to be paid now. PLEASE NOTE THAT WE HAVE CHANGED THE MEMBERSHIP FEE TO \$20 PER SEMESTER. THIS ALLOWS OUR WINTER VISITORS TO PAY ONLY ONE MEMBERSHIP FEE OF \$20. Please check the registration form at the back of the catalog to see how you can pay by check or credit card. For limited occupancy classes, use our web site to register immediately. Registration by mail will take longer.

As you probably know, we are using a new electronic/e-mail class evaluation system. When you receive the e-mail after the last class you attended, please fill it out promptly. We value your feedback.

This past year saw our membership number increase. At the end of our 2017-2018 academic year, we had 276 members. We are, however, always looking for new members, so bring a friend to a class and encourage her or him to join LLHHI. Enjoy your classes, thanks for being such a loyal member and we look forward to seeing everyone again.

Sincerely,
Judie Van Cleave, President

P.S. We have a Facebook page where you can keep up to date with highlights of classes and important information. Please join us there and share your ideas. Check us out, and be sure to check the "like" box.. www.Facebook.com/Lifelonglearninghhi

Mondays

* The Evolution of a Novel

Jim Riggs will discuss how *Freedom Run*, his first novel, went from a social commentary on improving prisons to a story about four ex-prisoners seeking new lives and breaking the law.

In the process, he will share the knowledge he gained over ten years of writing, editing, and self-publishing the work.

Jim Riggs taught high school and college mathematics for forty years. He published his first novel in 2015 and has a couple more on his computer that are in development.

**One Session: 10 AM to 12 Noon,
Monday: October 15
The Cypress, Hilton Head Plantation,
20 Lady Slipper Lane, (Use the back gate at
the end of Squire Pope Road.)**

• Mondays •

* **Healthy Choices in The Kitchen and At The Table**

The personal benefits of a whole-food plant-based lifestyle known to generations of global centenarians are now being practiced by a new generation of lifestyle advocates. Many are pioneering ways to take charge of their health, refresh the way they eat, and add more vital years to their lives.

October 8: The Practice and Philosophy of a Plant-Based Lifestyle - What is a whole food plant-based diet and how does it differ from a vegan diet? What are the personal health benefits? How does one get started eating this way, and what are tips for overcoming common challenges and hurdles when making this change?

October 22: Conservation of Natural Environmental Resources - What are the environmental impacts of eating animal-based vs. plant-based foods? Why would environmental conservationists want to eat a plant-based diet? Why is clean food just as important as clean fuel and clean energy?

October 29: Compassion for all Species and Eradication of Global Hunger - Why did humans start eating animals, and is it still necessary? How does eating animals who eat grains keep grains from feeding people? How does the efficiency of eating grains compare to the efficiency of eating animals?

Carla Golden has a Bachelor of Science degree in Holistic Health and Healing. She has served as facilitator of the Palmetto Plant Eaters Club since 2015.

Three Sessions: 10 AM to 12 Noon, Mondays • TidePointe (Second right off Point Comfort Rd.)

* **The Music of World War One from the Assassination of Archduke Ferdinand to the Armistice**

Join Jane Sine as she takes you on a musical journey through the war years that produced fundamental changes in both popular and classical music.

Irving Berlin and George M. Cohan began to produce patriotic songs. George Gershwin might have remained more of a classical composer but instead wrote his biggest hit, "Swanee." Victor Herbert's notable compositions included exquisite cello concertos and the popular operettas "Babes in Toyland" and "Naughty Marietta." This period also produced one of the century's greatest pianists, Sergei Rachmaninov.

Jane Davis Sine has provided us with music appreciation courses for many years, She started giving adult courses at Marymount College in New York before settling in Hilton Head in the fall and winter months for eighteen years she represented classical musicians and conductors and at one time played double bass professionally.

**Three Sessions: 1:30 to 3:30 PM, Mondays: October, 29 and November 5 and 12
The Cypress, Hilton Head Plantation,
20 Lady Slipper Lane, (Use the back gate at the end of Squire Pope Road.)**

• Mondays •

* DC and Me—Forty Years Navigating Our Nation's Capital

Gene Youtz will base this class on readings and discussions from his publication, "Newsletters," having to do with people and events specific to the Washington DC area during the last four decades of the twentieth century. Gene will provide the reading material.

Gene Youtz was Production Editor at three professional associations and Sales Manager of four printing companies in the DC metro area.

Two Sessions: 10 AM to 12 Noon, Mondays: Nov. 5 and 12 • The Cypress, Hilton Head Plantation, 20 Lady Slipper Lane, (Use the back gate at the end of Squire Pope Road.)

* Frank Lloyd Wright: His Life and Architecture

In 1939, Frank Lloyd Wright said: "Every great architect is, necessarily, a great poet. He must be a great original interpreter of his time." Over his long and storied life, he intended to form human life into rhythmic patterns and to embody those patterns in poetic works.

His life's work spanned two vastly different cultural periods. He did much to bring into being the second of these, mid-twentieth century modern architecture. Yet his work continued to recall the objectives of the first period. In 1954, Philip Johnson mischievously called Wright "the greatest architect of the nineteenth century." But explained, in one neat phrase, Wright's romanticism, his Naturalism, his lingering traditionalism, his idealism, and his attachment to the values of rural America.

Join Gordon Simmons for a fascinating review of Frank Lloyd Wright's life in words and images.

October 8: The Early Years — Introduction: A maverick genius. Boyhood. Chicago and Louis Sullivan. Oak Park practice. Prairie houses. Larkin Building. Unity Temple. Robie House. Escape to Europe with Mamah Chaney.

October 15: The Wilderness Years — "Voluntary exile." Return to U.S. as the "iconoclast." The story of Taliesin. Imperial Hotel in Tokyo. Relocation to California. Millard House: "La Miniatura." The Miriam Noel saga. Taliesin, part two. Work in the desert. MOMA exhibition. The Taliesin Fellowship with third wife, Olgivanna Lazovic Hinzenberg. Broadacre City and Usonian houses.

October 22: The Heroic Years — Resurgence. Fallingwater. Taliesin West. Geometry: circles. Johnson Wax building. Guggenheim Museum. The celebrity. Price Tower and "Mile-High Tower." Unitarian church, Madison. "Automatic houses." Baghdad plan. Marin County Civic Center. Wright's place in history.

Gordon Simmons is professor emeritus of architecture and was director of the School of Architecture at the University of Cincinnati.

Three Sessions: 1:30 to 3:30 PM, Mondays • The Seabrook (Off Pope Avenue.)

Tuesdays

* **Marijuana: Use, Abuse, and Need for Medical Research**

While marijuana is prohibited by Federal law, it is being legalized in state after state for both recreational and medical use. Established pharmaceuticals based on cannabis already exist and are in use in the medical community. One wonders if the risk of bringing marijuana, as an industry, into South Carolina outweighs any potential benefit to be derived without extensive research.

Dr. Gordon Ifill is a board certified Psychiatrist. He is currently semi-retired and lives on Hilton Head. He has been active in the treatment of substance use disorders since 1970 and is currently serving as Medical Director of Recovery Place in Savannah Georgia.

One Session: 10 AM to 12 Noon, Tuesday, October 23 • The Seabrook (Off Pope Avenue.)

* **Recognition of Post-Traumatic Stress Disorder (PTSD)**

The effect of exposure to violence, whether from childhood abuse, combat experience, workplace harassment, terrorist shooting, or natural disasters, often results in lasting emotional disability. Diagnosis of PTSD, intervention, and treatment is now recognized and welcomed by individuals and families alike.

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One Session: 10 AM to 12 Noon, Tuesday, October 30 • The Seabrook (Off Pope Avenue.)

* **All Things Southern: The Charleston Renaissance and the Revival of Southern Art**

Once celebrated as “the Queen of the South,” Charleston, South Carolina, was left devastated by the Civil War — a faded reflection of its ante bellum glory. For fifty years following the war, the city struggled to overcome economic and cultural stagnation. Then, in 1915, a group of artists and writers rediscovered the city’s innate beauty and artistic possibilities, fueling an extraordinary cultural revival: The Charleston Renaissance.

This presentation will explore the artists of the Charleston Renaissance and how they transformed the city into one of the leading art centers in the United States.

Ron Roth is former Director of the Reading Public Museum and the Museum of Nebraska Art. He is a lecturer in the arts and humanities and a speaker for the Humanities Council of South Carolina.

One Session: 10 AM to 12 Noon, Tuesday, November 13 • The Seabrook (Off Pope Avenue.)

Tuesdays

* The Essence of Haiku

Haiku is a form of Japanese verse, written in seventeen syllables divided into three lines of five, seven, and five syllables, employing highly evocative allusions and comparisons, often on the subject of nature or one of the seasons.

October 9: We will read many haiku and other poems and discuss 1) haiku's historical development, 2) haiku in English as a poetic form, and 3) haiku appreciation.

October 16: You will write some haiku, or you are welcome to bring haiku you've already written to the workshop.

Miho Kinnas has a Master of Fine Arts in Poetry from the City University of Hong Kong. She has given workshops at the Shanghai Literary Festival, the Heritage Library Book Fair, and the Pat Conroy Literary Center.

Two Sessions: 1:30 to 3:30 PM, Tuesdays • The Seabrook (Off Pope Avenue.)

* *bag it*: Is Plastic Ruining Your Life and Mine?

bag it started as a documentary about plastic bags and evolved into a wholesale investigation of plastics and their effect on our waterways, oceans, and even our bodies.

This class will feature this eighty-minute, flat-out-funny film about the useless, toxic, and ugly plastic cluttering our lives.

Following the film, there will be a discussion about the plastic bag ban on Hilton Head.



Debby Boots is a long-time environmental activist. She currently helps implement the recycling program at Seabrook and is a member of Lowcountry Indivisible, working on the plastic bag ban and other environmental issues.

One Session: 1:30 to 3:30 PM, Tuesday: October 23 • The Seabrook (Off Pope Avenue.)

* Unraveling the New Tax Law

Most Americans are anxious and confused about the new Tax Cut and Jobs Act. In fact, forty-two percent of taxpayers have no idea how or if the new law will benefit them. It is no wonder, as this is the most dramatic remodeling of tax legislation in thirty years!

In this class, led by a practicing CPA, you will learn how the new personal tax rates and deductions will affect you and the returns being filed for 2018 and beyond.

Ed Dwaschinski is a CPA who has spent most of his professional career providing tax advice to clients. A graduate of Fordham University and he has a MS degree in Taxation from the Washington School of Law

One Session: 1:30 to 3:30 PM, Tuesday: October 16 • TidePointe (Second right off Point Comfort Rd.)

Wednesdays

* Current Events

Join our open forum where current events—local, national, and global—are discussed in an unstructured setting. Class members are advised of the topics for the first session, and thereafter choose the subjects themselves.

Participants will be expected to do some reading in preparation for each session and to join in the group discussions. The object is to air all sides of an issue. As always, contrarian and controversial points of view are welcome!

Jim Van Cleave is a thirty-seven-year veteran of Proctor & Gamble in marketing. He also presents classic films for LLHHI and is a conservative. Jim Riggs joins us this fall to provide a liberal perspective. He was a high school and college math teacher and has recently published his first novel.

Six Sessions: 10 AM to 12 Noon, Wednesdays: October 10, 17, 24, and 31, November 7 and 14
The Bayshore of Hilton Head Island, 421 Squire Pope Road, (Just outside the rear gate to Hilton Head Plantation.). Class Limit: 35.

* Understanding Hospice Care

Life is a journey meant to be lived to the fullest, from beginning to end. However, it is a tender time when someone we hold dear is nearing the end of their journey. How can we, the family caregivers, make compassionate end-of-life decisions for our loved ones? Understanding the holistic approach that hospice care offers may answer your questions and calm your fears.

Jenny Brasington and Maggie Clark will present an overview of social services and programs designed to meet the needs of those at this difficult, emotional time.

Jenny Brasington has been Executive Director of Hospice Care of the Lowcountry since 2011. Maggie Clark has been a licensed social worker for over twenty-five years. She is Volunteer Director for Hospice Care of the Lowcountry.

One Session: 1:30 to 3:30 PM, Wednesday: October 10
TidePointe (Second right off Point Comfort Rd.)

The opinions expressed by our instructors are their own and do not necessarily reflect those of the Lifelong Learning of Hilton Head Island organization. We encourage the free expression of all ideas and the right of our members and guests to respectfully challenge them.

Wednesdays

* Pat Conroy: Lifelong Learner

The author of a dozen novels and memoirs, including *The Prince of Tides*, *The Great Santini*, and *The Water Is Wide*, Pat Conroy (1945-2016) is synonymous with the Lowcountry.

Explore Conroy's lifelong commitment to education through stories spanning his formative years as a student at Beaufort High School to his last act as a teacher, and the selection of his burial site near historic Penn Center. Using photos, video and audio clips, and excerpts from published and unpublished writings by and about Conroy, the class will broaden your appreciation for the beloved writer's great love of learning and of his adopted home in South Carolina.



This presentation will also discuss how the nonprofit Pat Conroy Literary Center continues Conroy's legacy as teacher, mentor, advocate, and friend to readers and writers alike.

Jonathan Haupt is the executive director of the Pat Conroy Literary Center and the founding director of the annual Pat Conroy Literary Festival.

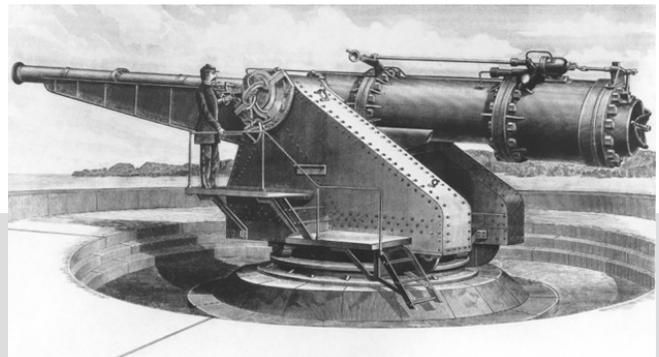
One Session: 1:30 to 3:30 PM, Wed.: October 17 • TidePointe (Second right off Point Comfort Rd.)

* The Amazing History of the Hilton Head Steam Cannon

Officially named the Zalinski Pneumatic Dynamite Gun, it was installed at Port Royal Harbor in 1898. Although never fired in defense of the island, tests here proved it could use compressed air to hurl a large dynamite charge up to three and a half miles. The gun mount remains in place.

Its only use in combat was during the Spanish American War, by forces led by Teddy Roosevelt.

History buffs will not want to miss this course!



Chris Clayton is a retired Mechanical Engineer educated in the UK. He came to the United States to work on the Apollo Lunar Program. He is currently Chairman of the Science Fair Judges Association.

One Session: 1:30 to 3:30 PM, Wednesday: October 24
TidePointe (Second right off Point Comfort Rd.)

Wednesdays

* Life Choices to Feel Better, Sleep Better, and Live Better

We all want to live life to its fullest with healthy life choices. Being open to the possibilities is essential to reaching those goals. The reality is that after the age of thirty, we are on a downhill track health-wise. The goal of Dr. Perkins is not to stop the inevitable, but to slow down the process as much as possible with yoga, getting the most from each breath and a good night of restful sleep.



Dr. Jerri Perkins is a medical doctor and former FDA medical officer.

She is also a yoga instructor who studied at the nationally acclaimed Unity Woods Studio in Washington, DC.

One Session: 1:30 to 3:30 PM, Wednesday: November 7

TidePointe (Second right off Point Comfort Rd.)

* The Intelligence Cycle's Role in Foreign Policy and National Security

The Intelligence Cycle is the process by which raw intelligence is gathered and evaluated to support various policy makers in decision making. Effective integration of data, as well as correct assessments of events, capabilities, and adversaries' intentions are essential to making informed judgments vital to the security of the United States and its international relationships.

November 7: The Intelligence Cycle and the Role of Intelligence Organizations – This session will describe the intelligence cycle and the roles of the seventeen organizations that comprise the intelligence community. It will present some technical detail and examples from the instructor's personal experience. This session will also address security clearances and their significance.

November 14: Case Studies of Historic and Recent Events – How did the Intelligence Cycle serve decision makers for events such as the Bay of Pigs, the Yom Kippur War, the invasion of Grenada, and the 2003 invasion of Iraq?

John Gilbert is a retired Air Force Colonel who has spent over forty years involved in strategic operations, intelligence, and arms control.

**Two Sessions: 1:30 to 3:30 PM, Wednesdays • The Cypress, Hilton Head Plantation,
20 Lady Slipper Lane, (Use the back gate at the end of Squire Pope Road.)**

Thursdays

* Your iPhone and You

You have an iPhone, but how well do you know how to use it? This series will allow you to fully immerse yourself in an interactive class setting to learn everything from the basics to taking advantage of "must-have" apps and even integrating your iPhone with your home technology. THESE ARE THE ONLY CLASSES WHERE WE WILL ASK YOU TO TURN YOUR CELLPHONE ON!



October 11: iPhone 101 – The "Ins and Outs" of

Using Your iPhone – The first session will walk you through the basic features of the iPhone and iOS operating system so you will be able to better understand how to use the everyday functions of your device. You will be able to learn how to integrate key features such as Siri, iCloud, and the App Store with other apps, as well as maximize the newer features of texting, travel, e-mail, and much more.

October 18: Multimedia, Business, and Fun on Your iPhone – This class embraces what makes the iPhone so popular (the camera). You will learn how to share photos and be in touch via messaging and social media. Health enthusiasts and audiophiles will learn how your iPhone can help with your health and music enjoyment, as well as new-age tasks like mobile banking, light business use, and even printing.

October 25: The Top Fifteen Apps iPhone Users Can't Live Without – This class will feature the most popular apps for travel, leisure, and finance. You will learn how to use these apps to help make your everyday life easier and more efficient

November 1: Integrating Your iPhone with Home Components – The iPhone is more than a phone - it's a companion for so many things, especially at home. You will learn the possibilities of integrating your iPhone with an iPad, utilizing Apple TV for TV, movie, and music entertainment, home automation, and even printing options for documents and photos.

Those that register and attend will receive a portable wireless charger courtesy of Verizon Cellular Sales.

Jason Klempner is senior wireless expert for Verizon Sales with over ten years of experience in residential and business IT.

Four Sessions: 10 AM to 12 Noon, Thursdays • The Seabrook (Off Pope Avenue.)

Thursdays

* Holy Wars and Tipping Points in French History

Beginning with the time of Abraham and lasting through the French Revolution join a retired attorney and history buff as he connects the dots between the holy wars and French history. Citing stories and legends drawn from the scriptures and writings of renowned historians, he will point out many tipping points that made lasting changes in Europe and the Middle East.

October 18: Abraham and His Descendants – Abraham stands out as the shared ancestor of Jews, Christians, and Muslims. The interaction of these three religious and cultural groups continues to challenge global leaders.

October 25: Destination Jerusalem! The Crusades by Land and by Sea – The first of the great crusades was launched in 1095 when French Pope Urban II called on Christians to take up arms to recapture the Holy Land from Muslim control.

November 1: The Rise and Fall of the Knights Templar – With the support of French Popes, the Knights Templars mission was to protect pilgrims going to and from the Holy Land.

November 8: Tipping Points in French History – From Roman times through the French Revolution, orthodox religion was embraced by the royal class and frequently defended with military force.

Daniel Lewis is a retired member of the American College of Trust and Estate Counsel and a lifetime student of history. He has taught Bible study in the First Presbyterian Church of his hometown, La Porte, Indiana, for over forty years.

Four Sessions: 10 AM to 12 Noon, Thursdays • TidePointe (Second right off Point Comfort Rd.)

* Spontaneous, Simplified Watercolor Methods

Develop or perfect a style that maximizes watercolor spontaneity and expressive freedom. Brush technique and surface methods for watercolor provide the vehicle for expression as we paint from life and photo reference. Demonstrations, individual attention, and critiques are part of every class.

A list of the materials you will need for this class will be sent to you at least a week before the first session.

Alexandra Sharma has a Masters in Fine Arts and has taught art at the university level. She is a member of the Hilton Head Art League, The Apple Pie Painters, and Delta Phi Delta, the national art honorary. She is represented locally by the Charles Street Gallery in Beaufort, SC.

**Six Sessions: 1:30 to 3:30 PM, Thursdays: October 11, 18, and 25 and November 1, 8, and 15
Palmetto Electric Co-op, 111 Mathews Drive. Class Limit: 15**

Thursdays

* The Genius of George Gershwin

George Gershwin is one of the most significant and popular American composers of all times. During his short life he amassed a treasure trove of orchestral works as well as a plethora of singable, memorable Broadway melodies. Through word and song, Carole Galli will bring to life Gershwin's genius.

*A classically trained soprano, **Carole Galli** has devoted thirty-three years to music education.*

**One Session: 1:30 to 3:30 PM, Thursday: October 11 • The Cypress, Hilton Head Plantation,
20 Lady Slipper Lane, (Use the back gate at the end of Squire Pope Road.)**

* How to Watch Movies Like a Film Critic

Everyone brings a different expectation to the movie experience. We know what we like but are often warned off by the subject matter, the genre, the actors, reviews, or a miscalculated set of expectations. Caroline McVitty will show you how you can enjoy a wider range of movies and maximize your viewing experience by managing those expectations and by expanding your knowledge of the finer points of movie making and movie-viewing techniques . . . just as a critic would.

***Caroline McVitty** is a former corporate attorney. More recently, she was a weekly movie reviewer for *The Island Packet* and now hosts a movie blog at mcvittymovies.wordpress.com.*

**One Session: 1:30 to 3:30 PM, Thursday: October 18
The Seabrook (Off Pope Avenue.)**

* Let's Get Physical III

Back by popular demand LLHHI is excited to again offer a course in strength and flexibility training for our members at Breakthrough Fitness Center.

We feel strongly that mind and body exercises are essential to staying active both mentally and physically. Strengthening exercises, when done properly and through the full range of motion, increase a person's flexibility and balance and decrease the likelihood and severity of falls.

The course will include four sessions of one hour each. There is no extra charge to participate.

***Stacey Saritelli** is fitness director at Breakthrough Fitness Center on Hilton Head. She is an ACE/AFPA personal trainer who specializes in strength training and lifestyle weight management.*

***Jerri Perkins** is an M.D. who has taught several popular medically-related and yoga classes for LLHHI.*

**Four Sessions: 3:00 to 4:00 PM, October 25, November 1, 8, and 15 • Breakthrough Fitness,
130 Arrow Road (Between Target Road and Dunnagan's Alley) **Class Limit: 20****

Thursdays

* **The Population Bomb: Meeting the Future Demand for Food, Water, and Energy**

Environmental Scientist, Dave DesJardins will sift through the evidence to provide a brief guide as to what we currently know and what we don't know about how the "population bomb" affects the planet's most burning issues – FOOD, WATER, AND ENERGY. But the most important question of all may be, what can be done about them?

November 1: About 100 years ago, the world's population was about one billion. Today it is over seven and a half billion. By 2050 we will need to double our food production to feed our next generation. Can we do it?

November 8: About one-quarter of the world's population now face severe water shortages – both from an economic (crops) and a thirst perspective. Water-dependent civilizations like Syria are crashing, aquifers are drying up, and glaciers are melting. What can we do?

November 15: Because of a breakthrough in fracking technology, the USA is predicted to become the Saudi Arabia of natural gas. We are now awash in cheap energy. But, what political and financial considerations are on the table?

Dave DesJardins, a retired research scientist, is widely known for his work in the field of Exploratory Data Analysis. Currently, Dave serves as a judge for the Beaufort County Sea Islands Science Fair and volunteers with Deep Well's home repair crew.

Three Sessions: 1:30 to 3:30 PM, Thursdays • TidePointe (Second right off Point Comfort Road.)

Fridays

* **Syria, A Country in Crisis: A Human Tragedy**

Syria's seven year Civil War has no solution in sight. Hundreds of thousands have been killed or maimed, and more than half the population of Syria of twenty-two million have been displaced. What first began as a regional war, with Syrians killing Syrians, gradually became a proxy war between competing states. What were the root causes of the conflict? Who are the participants, and what are their interests? Has the rest of the world turned a blind eye on the human tragedy in Syria?

Dr. Isam Sakati was born in Damascus, Syria, and educated in Lebanon at the America University of Beirut. He has led the Great Decisions Course for LLHHI for many years.

One Session: 10 AM to 12 Noon, Friday, October 12
TidePointe (Second right off Point Comfort Road.)

Fridays

* The Two Koreas: Then and Now

This class will provide a review of development of the two Koreas on the Korean Peninsula leading to the nuclear North Korea of today. Emphasis will be on the role played by U.S. policy in those developments. Korea provides a case study for dealing with the proliferation of nuclear weapons and the means to deliver them.



William Pendley was a Member of the UN Military Armistice Commission, Director of Plans and Policy for U.S. Pacific Command, Deputy Assistant Secretary of Defense for East Asia and Pacific, and Professor of International Relations and Asian Studies at the Air War College.

One Session: 10 to 12 Noon. Friday, November 9
TidePointe (Second right off Point Comfort Road.)

* Reading and Writing Poetry

Let's read and write poetry together! As Mary Oliver says . . . For the reader: "Poems are fires for the cold, ropes let down to the lost, as necessary as bread in the pockets of the hungry."

For the writer: "A mind that is lively and inquiring, compassionate, curious, angry, full of music, full of feeling is a mind full of possible poetry."

Let's do it!

Audre Allison has led writing workshops for years on Hilton Head Island and Long Island. She taught writing for thirty years at the high school and college levels.

Four Sessions: 1:30 to 3:30 PM, Fridays: October 26, November 2, 9, and 16
Hilton Head Library, Carolina Room, (Beach City Road.) Class Limit: 20

Fridays

* The Comedies of Mel Brooks

Join Jim Van Cleave as he hosts a rollicking romp through some of the best films of Mel Brooks. It's all for laughs this time around.

October 12: *High Anxiety* (1977) Last fall was all about Alfred Hitchcock. We kick off this session with Mel's spoof of the master film-maker featuring Brooks, Madeline Kahn, Harvey Korman, and Cloris Leachman.

October 19: *Blazing Saddles* (1974) In this hilarious spoof of western films, Brooks satirizes racism, with the hero a black sheriff of an all white town. Cleveon Little stars.

October 26: *Young Frankenstein* (1974) This time out, Brooks sends up the horror film genre with a comedic remake of the classic 1931 film *Frankenstein*. Peter Boyle stands in for Boris Karloff. Gene Wilder is the good doctor.

November 2: *Silent Movie* (1976) Brooks takes on the film industry itself with a parody of the silent film genre, particularly the slapstick comedies of Charlie Chaplin, Mack Sennett, and Buster Keaton.

November 9: *History of the World Part I* (1987) In Mel's view, history is one long joke from the Stone Age to the French Revolution. Sadly, there is no Part II.

November 16: *The Producers* (1967) This was Brooks' directorial debut. The film satirizes musical comedy, the Broadway theater, and gives Hitler a pasting as well. Ironically, this film was the basis for a long-running, Tony-award-winning musical.

Jim Van Cleave loves old movies and delights in sharing them with you. This is the fifteenth film series he has presented for LLHHI.

Six Sessions: 1:30 to 4:00 PM, Fridays
The Seabrook (Off Pope Avenue.)



Saturdays

* *The African-Americans: Many Rivers to Cross*

This course will feature the showing of the six-part PBS documentary, *The African-Americans: Many Rivers to Cross*, which dramatically chronicles the full sweep of African-American history, from the origins of slavery on the African continent right up to the election of America's first black President. Following each episode, there will be time for comments and conversation.

October 13: The Black Atlantic (1500-1800) explores the truly global experiences that created the African-American people. Trans-Atlantic slave trade from Sierra Leone to South Carolina in mid-18th century created the emergence of slavery in the American South.

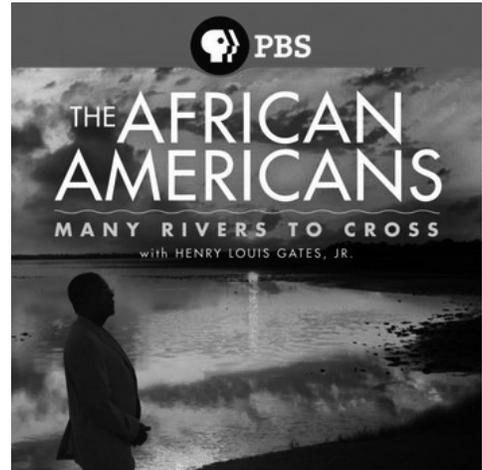
October 20: The Age of Slavery (1800-1860) illustrates how black lives changed dramatically in the aftermath of the American Revolution. The cotton industry fueled the rapid expansion of slavery in the Deep South, and the nation struggled over the slavery question as the country expanded westward.

October 27: Into the Fire (1861-1896) examines the most tumultuous and consequential period in African American history: The Civil War, emancipation, and Reconstruction.

November 3: Making a Way Out of No Way (1897-1940) The Jim Crow era precipitated a steady stream of African-Americans migrating North and West, seeking both freedom from racial violence and better economic opportunity.

November 10: Rise! The Road to Civil Rights (1940-1968) examines the long road to civil rights, with Martin Luther King and Malcolm X offering differing opinions, thoughts, theologies, and philosophies. As Lyndon Johnson said, "We must overcome this crippling legacy of bigotry and injustice."

November 17: A More Perfect Union (1968-2013) Equality was still a struggle economically and socially in the 60's and 70's but by the second decade of the new century we had elected Barack Obama to the highest office in the land.



LLHHI's **Randy Tardy** will introduce the segments and moderate the discussion. He will be joined by two black professionals: **Danetia Madison** and **Arthur Wallace**. Danetia is a South Carolina police officer. Arthur is a retired Wall Street economist and Business School Dean.

Six Sessions: 1:30 to 3:30 PM, Saturdays • The Seabrook (Off Pope Avenue.)

Saturday Series – The Opioid Addiction Crisis in America

The opioid crisis, now the deadliest drug epidemic in American history, has evolved significantly in the last two decades. As many as four out of five current heroin users started out by misusing prescription opioids like Oxycodone, OxyContin, Percocet and Percodan.

Three experts in the field discuss the history and development of the crisis and its implications for national and community agencies.

October 13: Connecting the Dots in the Opioid Epidemic – Learn how the sharp rise in prescription drug overdoses has been eclipsed by a terrifying spike in deaths driven primarily by illicitly manufactured synthetic opioids and heroin.

Lawrence McEllynn, is a former U.S. Drug Enforcement Administration Special Agent, former Chief Magistrate Judge in Beaufort County, and presently a candidate for election to Beaufort County Council.

October 20: The Opioid Epidemic – A Public Health Crisis: Dr. Brouillard will provide a comprehensive review of opioid physiology and factors leading to addiction and potential solutions.

Dr. Robert Brouillard is Board Certified in Internal Medicine, Oncology, and Hematology. Having spent thirty-five years in medical practice, he is currently Medical Director of Hospice Care of the Lowcountry.

October 27: Coping Strategies for Families in the Dilemma of Addiction – Unsuspecting families are often shocked to discover opioid addiction in one of their members. Constructive involvement in recovery can be a challenge for all.

Denise Kuppinger, a Licensed Professional Counselor and Certified Addiction Counselor, is a senior counselor in the Pavillion Treatment Center's outpatient clinic in Greenville, SC.

Three Sessions - 10 AM to 12 Noon, Saturdays • The Seabrook (Off Pope Avenue.)

The Seventh Annual Andy Greenstein Lecture

LHHI is proud to present this annual lecture honoring the memory of our first president and his dedication to an informed conversation on important contemporary issues and personalities.

Securing Energy Sustainability in a Nuclear Age

The Department of Energy was created in 1977 when President Carter consolidated multiple governmental agencies dealing with energy issues. Among its strategic initiatives were promotion of a diverse supply of environmentally safe energy, supporting scientific and technological energy research, and protection of the environment from the legacy of nuclear weapons production. The Honorable Hazel O'Leary will present her thoughts on what citizens need to know today if they are to engage our elected officials to promote sensible policy making while protecting the environment.

The Honorable Hazel O'Leary is a Phi Beta Kappa graduate of Fisk University and a JD graduate of Rutgers Law School. She has served four US Presidents in Senate-confirmed positions including Secretary of Energy in the Clinton administration. She has had a home in Hilton Island since 2002 and retired here in 2015.

One Session - 10 AM to 12 Noon, Saturday, November 10 • The Seabrook (Off Pope Avenue.)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Healthy Choices ⁽⁸⁾ Frank Lloyd Wright	⁽⁹⁾ Haiku	Current Events ⁽¹⁰⁾ Hospice Care	Your iPhone ⁽¹¹⁾ Watercolor Gershwin	Syria ⁽¹²⁾ Mel Brooks Films	Opioid Crisis ⁽¹³⁾ African-Americans
Riggs Novel ⁽¹⁵⁾ Frank Lloyd Wright	⁽¹⁶⁾ Tax Law Haiku	Current Events ⁽¹⁷⁾ Pat Conroy	Your iPhone ⁽¹⁸⁾ French History Watercolor How To Watch Movies	⁽¹⁹⁾ Mel Brooks Films	Opioid Crisis ⁽²⁰⁾ African-Americans
Healthy Choices ⁽²²⁾ Frank Lloyd Wright	⁽²³⁾ Marijuana Plastic Bags	Current Events ⁽²⁴⁾ Steam Cannon	Your iPhone ⁽²⁵⁾ French History Watercolor Lets Get Physical*	⁽²⁶⁾ Mel Brooks Films Poetry	Opioid Crisis ⁽²⁷⁾ African-Americans
Healthy Choices ⁽²⁹⁾ Music of WWI	⁽³⁰⁾ PTSD	Current Events ⁽³¹⁾			

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Your iPhone ⁽¹⁾ French History Watercolor Lets Get Physical* Population Bomb	⁽²⁾ Mel Brooks Films Poetry	⁽³⁾ African-Americans
D.C. and Me ⁽⁵⁾ Music of WWI	⁽⁶⁾	Current Events ⁽⁷⁾ Life Choices Intel Cycle	French History ⁽⁸⁾ Watercolor Lets Get Physical* Population Bomb	Two Koreas ⁽⁹⁾ Mel Brooks Films Poetry	Greenstein - Energy Sustainability ⁽¹⁰⁾ African-Americans
D.C. and Me ⁽¹²⁾ Music of WWI	⁽¹³⁾ Charleston Art	Current Events ⁽¹⁴⁾ Intel Cycle	⁽¹⁵⁾ Watercolor Lets Get Physical* Population Bomb	⁽¹⁶⁾ Mel Brooks Films Poetry	⁽¹⁷⁾ African-Americans

Morning Classes - 10 AM - 12 NOON. Afternoon Classes - 1:30 ~ 3:30 Appear in Color.

*Lets Get Physical Begins at 3pm

Membership in LLHHI

Annual Membership Dues: You have two options this year. If you intend to attend both the fall and winter/spring semesters, you may pay the \$40 annual membership dues now. If you can only attend the fall semester pay \$20 now.

Fall 2018 Courses:

Mondays

- _____ Healthy Choices
- _____ Riggs Novel
- _____ D.C. and Me
- _____ Frank Lloyd Wright
- _____ Music of WWI

Tuesdays

- _____ Marijuana
- _____ PTSD
- _____ Charleston Art
- _____ Haiku
- _____ Tax Law
- _____ Plastic Bags

Wednesdays

- _____ Current Events
- _____ Hospice Care
- _____ Pat Conroy
- _____ Steam Cannon
- _____ Life Choices
- _____ Intel Cycle

Thursdays

- _____ Your iPhone
- _____ French History
- _____ Watercolor
- _____ Gershwin
- _____ How to Watch Movies
- _____ Let's Get Physical
- _____ Population Bomb

Fridays

- _____ Syria
- _____ Two Koreas
- _____ Mel Brooks Films
- _____ Poetry

Saturdays

- _____ Opioid Crisis
- _____ Greenstein Lecture
- _____ African-Americans

Fall Course Registration: The fall registration fee is \$45.

This allows you to take as many courses as you wish. Also, you are welcome to bring a friend one time to any course.

How to Register for the Fall 2018 Semester

To register and pay electronically, simply visit our website at www.lifelonglearninghhi.org. Click REGISTER ONLINE and fill out the form to select courses. You can use PayPal or your own credit card to pay the necessary fees.

To register by mail, check the courses you wish to take from the list on this page and mail it to LLHHI, P.O. Box 3074, Hilton Head Island, SC 29928 by September 28, 2018. Enclose a check to cover membership dues and the fall registration fees.

Check below if any of your information is new!

Name: _____

Address: _____

Phone # (s): _____

Email: _____



Membership Fee-Full Year \$40 \$ _____

Fall Only \$20 \$ _____

Fall Registration Fee \$45 \$ _____

TOTAL \$ _____

Check here if you would like to be an Instructor's Assistant in a class you are taking. This involves simple administrative tasks such as greeting students and supervising sign-in.

We need audio/visual assistants. Training will be provided. Membership dues and semester fees will be waived for trained volunteers. Are you interested? YES



Lifelong Learning of Hilton Head Island
P.O. Box 3074
Hilton Head Island, SC 29928

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Coming Next Winter/Spring: The Return of Our Very Popular Offerings...

Current Events and Foreign Films presented by Mike McDonell

***...and we are considering a variety of courses that you will
find to be interesting and informative, such as...***

A Polarized Nation and Community • Your Kids Don't Want Your Stuff

The Legacy of Mitchelville: "The Great Social Experiment"

The Fascinating and Unique Ecosystem of the Port Royal Sound

The Web of Life: Flesh Eating Bacteria • Antibiotics and Us.

LLHHI's 2019 winter/spring catalog is coming together now. You will receive that catalog in late December.
The eight-week semester starts on Monday, February 4 and runs through Saturday, March 30, 2019.